

The Patient Reported Outcome Measure of Spiritual Care

The PROM is a brief, validated measure of the impact of chaplain interventions in hospital settings (Snowden et. al., 2020, p. 2). For the purposes the PROM, spiritual care is defined as follows:

Spiritual Care (or Pastoral Care) can help you feel more in touch with yourself, other people and values that are important to you. It may involve your religious beliefs and practices. It is about supporting what gives meaning and purpose to your life” (Karimi & Tan, 2020, p. 72).

The results of the PROM provide helpful feedback to chaplains on how patients perceived their intervention and suggest areas for improvement or growth (Snowden et. al., 2020, p. 2).

After providing some demographic data, patients were asked four questions on their experience of meeting with the chaplain and five reflecting on how they felt over the last two weeks in relation to peace, outlook, anxiety, honesty, and control. Each question had five response options ranging from 1 ‘none of the time’ to 5 ‘all of the time’ with the anxiety item reverse scored (Snowden et. al., 2020, p. 3; Karimi & Tan, 2020, pp. 74-75).

During my meetings with the listener I felt...

- I was listened to
- I was able to talk about what was on my mind
- My situation was understood
- My faiths/beliefs were valued

In the last two weeks I have felt...

- I could be honest with myself about how I was really feeling
- Anxious
- I had a positive outlook on my situation
- In control of my life
- A sense of peace

References

Snowden, A., Karimi, L., & Tan, H. (2022). Statistical fit is like beauty: A rasch and factor analysis of the Scottish PROM. *Journal of Health Care Chaplaincy*, 28(3), 415-430.

Karimi, L., & Tan, H. (2020). Validation of the Patient Reported Outcome Measure of Spiritual Care (PROM) in an Australian Setting. *Health & Social Care Chaplaincy*, 8(1).